



**HOPE FOR
HURTING
PARENTS**

2025 Schedule

Typically on the 1st and 3rd Thursdays
6:00pm to 7:30pm

Desert View Bible Church

105 West Carefree Highway, Phoenix, Arizona

Date	Session	Topic
Jan 9	1	Detachment
Jan 23	2	Worry & Anxiety
Feb 6	3	Anger
Feb 20	4	Resentment
Mar 6	5	Letting Go
Mar 20	6	Expectations
Apr 3	7	Guarding Your Marriage
Apr 17	8	Guarding Your Family
May 1	9	Powerlessness & Control
May 15	10	Communication
Jun 12	11	Waiting
Jun 19	12	Courageous Love
July and August	-	No Sessions - Summer Break
Sep 4	13	Forgiveness
Sep 18	14	Self-Care
Oct 2	15	Hope
Oct 16	16	Resilience
Nov 6	17	Thankfulness
Dec 4	18	Surviving the Holidays

Contact: John & Cindy O'Leary

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