



Priorities – Week 1

Preacher – Ben Rounds | Text – Psalm 37:4

Summary:

One verse. One short verse – but it could change your life! What does it mean to be joyful? Where can we find joy? What does it look like for the Christian to live a truly joyful life? We all desire to be happy, and we spend our lives pursuing happiness – thankfully, Scripture is not silent on the topic of happiness. You were created for lasting joy – our text this week reveals how to find it!

Discussion:

1. What was the most important take-away for you from this week's message?
2. **Application:** Are you a joyful person? A really, truly joyful person? If so, what makes you that way? If not, why do you think this is?
3. How does real, true joy differ from simple good feelings? How does our culture treat the concept of happiness, and what expectations does the culture set for us in terms of whether or not we are *happy*?
4. How do you understand the Christian's call to delight? Do you agree that the Christian life is meant to be joyful? Why or why not? How does a joyful life differ from a life that is merely *easy* or *pleasant*?

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5. What does it mean to delight *in the Lord*?

6. **Application:** How do you find yourself delighting in the Lord? In what ways do you struggle to truly delight *in God*?

7. What does it mean that "he will give you the desires of your heart?" Does this mean you always get what you want?

8. **Application:** What's one way you will seek to delight yourself in the Lord this week?

9. **Application:** What's one false source of joy you can abandon this week?

10. Take a look at the context for Psalm 37:4. Notice that the command to "delight" comes in a series of commands: "trust," "delight," "commit," "be still," etc. How do these commands work together?