



You Are Not Alone

An all too common problem for hurting parents is isolation. Our guilt, shame, and embarrassment cause us to withdraw. Our tears are so close to the surface we don't want to talk about our sons or daughters with others.

It's our strong belief that we're not created to live life alone but in community. Life with all its joys and sorrows is to be experienced with others. Mutual encouragement and shared trials help to lighten our load and increase our strength for the journey. This is where the power of support groups can help when the pain is too deep.

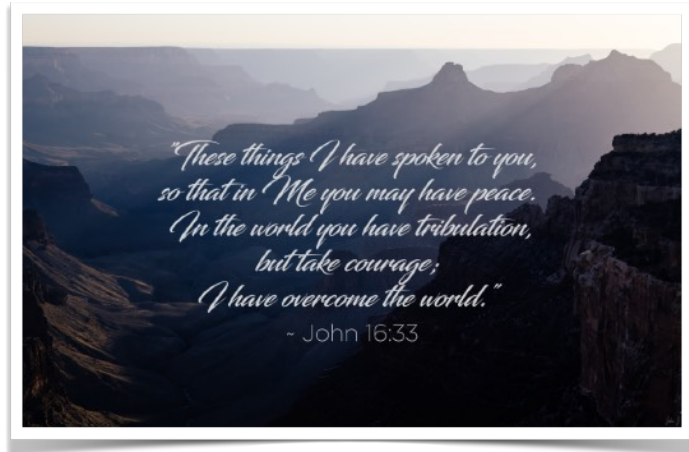
Therefore I Have Hope in Him

We have found that our relationship with God can strengthen during a family crisis. Or, it can harden our hearts, to the point that we no longer experience His love and His help.

The Group Facilitators have experienced pain from a child's poor decisions. They have now chosen to help others.

"The Lord is my portion," says my soul, "therefore I have hope in Him."

~ Lamentations 3:24



Does this sound like your parenting journey?

Strong emotions:

Fear, Guilt, Anger, Grief and Loss, Hopelessness, Worry, Anxiety, Powerlessness

Struggle with:

Enabling, Isolation, Trust, Control, Expectations

Damage to:

Marriages and Family Relationships, Health, Employment and Finances, Spiritual Well-Being

We offer hope, encouragement and comfort!

Group Description: Hope for Hurting Parents is a faith-based and facilitator-led support group. This group exists to support you as parents in a safe and confidential setting. Whether your teen or adult child is estranged, struggles with addictions (alcohol, drugs, pornography, etc), has experienced legal issues or incarceration, has self-harmed or attempted suicide, struggles with any form of mental illness, or is living a disordered lifestyle, parents need support and encouragement.

Join Us! Meetings are the 1st and 3rd Thursdays of most months, from 6:00-7:30pm. We meet at Desert View Bible Church, Bldg C. Contact John and Cindy O'Leary at 480-267-3121 or email to: oleary.personal@gmail.com.